

Increase Your Scoring Average 4-6 ppg

#1

Shoot More Free Throws

- Draw fouls when the other team is in bonus.
- Use your shot fake more often.
- Box out hard in hopes of drawing and over the back foul.



#2



Sprint Your Lane

- Sprint when the other team takes a bad shot for a 1 on 0 layup.
- When you close out on a shooter at the 3pt line contest and then leak out.

#3

Score Easily In Certain Plays

- Recognize times you can break out of a set play to get an easy layup
- Always set up your defender with fakes
- Find where you can backdoor, curl, and fade to get open shots.



#4



Shoot When Your Open

- Always show your hands to the passer so they know you want the ball
- Don't pass up open shots that are in your range
- If you are missing all of your open shots click [here](#) to improve your percentage

#5

Crash the Offensive Glass

- Refuse to be boxed out
- Give multiple efforts
- When you get the rebound, score the ball

